UNIVERZA V LJUBLJANI | TEOF Teološka fakulteta

Courses in English 2025/2026

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Bachelor level

Exegesis of the Gospels and the Acts

Winter semester, blended teaching/learning, 5 ECTS, Bachelor level

The course confronts students with introductory questions (authorship, date and style of composition). Subsequently, the course presents the close reading of the most significant narrative passages (Acts 1-5) and the speeches of Peter, Stephen and Paul developed throughout the narrative of Acts.

Basics of counselling and therapeutic work

Winter semester, blended teaching/learning, 5 ECTS, Bachelor level

Definition of basic concepts in counselling: communication (flow of communication, disturbances, and obstacles in mutual communication, setting boundaries and delimiting responsibilities, listening, self-respect, respect for others), conversation, counselling, monitoring. Basics of counselling work regarding the individual, family, and counselling work in a group. The role and importance of supervision and intervision. Ethical principles of consulting work (code of ethics). The difference between counselling and psychotherapy. The basic premises and theories of psychotherapeutic reasoning. Psychotherapy and family therapy dynamics.

Psychotherapeutic science 1

Winter semester, blended teaching/learning, 3 ECTS, Bachelor level

The course consists of the following topics:

- *history and development of psychotherapy,*
- *psychotherapy as a science; characteristics of the scientific approach in psychotherapy,*
- *psychotherapy and biology (basics of the organic basis of the psychotherapeutic process),*
- *psychotherapy and culture,*
- *psychotherapy and social arrangements,*
- *psychotherapy and religion,*
- *basic research findings on psychotherapy (effectiveness, factors),*
- *basic principles of psychohygiene.*

Hebrew I (Biblical Hebrew, first level)

Summer semester, blended teaching/learning, 3 ECTS, Bachelor level

Introduction to the Hebrew alphabet and pronunciation of the consonants, the vowels and their pronunciation, transliteration.

Introduction to the basic elements of Hebrew grammar:

- *Personal, demonstrative and interrogative pronouns.*
- *Main prepositions and prepositions with suffixes.*
- *Nouns, articles and nouns with suffixes.*
- *Construct state (status constructs).*
- *Qal steam formation of the verb; perfect qatal, imperfect, wayyiqtol, infinitive, participial.*
- *Verbs with a guttural consonant in the root, verbs of the third He, the first Yod and the first Nun.*
- *Vocabulary: 200 Hebrew words.*
- *Reading, translation and grammatical analysis of selected biblical texts.*

Sacramentology

Summer semester, blended teaching/learning, 6 ECTS, Bachelor level

The sacraments are the means of salvation they should be understood as instruments of unity. As they make real, renew and strengthen man's union with Christ, by that very fact they make real, renew or strengthen his union with the Christian community. And this second aspect of the sacraments, the social aspect, is so intimately bound up with the first that it can often be said, indeed in certain cases it must be said, that it is through his union with the community that the Christian is united to Christ.

Master level

Developmental neuropsychology

Winter semester, blended teaching/learning, 3 ECTS, Master level

Research and foundations of the development and functioning of the brain and brain centres. Physiological foundations of understanding emotion regulation. The importance of safe relationships and the regulation of emotions for the healthy development of the brain, the individual and relationships. Basics of the structure of the nervous system (central nervous system and its connection with the peripheral nervous system and the endocrine system, nerve cell); what are the main parts of the brain, how these parts connect to the spinal cord and nerves, what is the basic building block of nervous tissue. Development of the nervous system; what is the evolutionary aspect of development, why do we say that some parts of the brain are primitive and more advanced. Differences between the male and female brain, which features are better expressed in women and which in men and why. Basics of the functioning of the nervous system (sensory and motor parts of the nervous system and the autonomic nervous system); how perception, movement and how the nervous system coordinates the functioning of internal organs. Stress; what happens during stress, how we regulate it, what is the difference between acute and chronic stress, what can be the consequences of stress during the development of the nervous system. Emotions: activities of individual parts of the brain, emotional memory, connection between mirror neurons and empathy, recognition, verbalization, control of emotions.

Ethical Foundation of Western Society

Winter semester, blended teaching/learning, 5 ECTS, Master level

The aim of the course is to acquaint students with the basic dimensions of Western ethical thought. Students also gain knowledge and understanding of key ethical concepts (value, duty, justice, dignity, virtue, etc.), major theories (ethics of virtue, deontological ethics, utilitarianism), and key authors. At the same time, the course focuses on the critical assessment of individual attitudes and analytical treatment of ethical issues, especially those that are relevant to modern society and its greatest challenges. One of the central themes of the course is the notion of justice in all its dimensions (fair distribution, justice, status of justice, global justice, environmental justice, animal rights, epistemic justice).

Hebrew II (Biblical Hebrew, second level)

Winter semester, blended teaching/learning, 3 ECTS, Master level

Introduction to the Hebrew alphabet and pronunciation of the consonants, the vowels and their pronunciation, transliteration.

Introduction to the basic elements of Hebrew grammar:

- *personal, demonstrative and interrogative pronouns.*
- *main prepositions and prepositions with suffixes.*
- *nouns, articles and nouns with suffixes.*
- *construct state (status constructs).*
- *Qal steam formation of the verb; perfect qatal, imperfect, wayyiqtol, infinitive, participial.*
- *verbs with a guttural consonant in the root, verbs of the third He, the first Yod and the first Nun.*
- *vocabulary: 200 Hebrew words.*
- *reading, translation and grammatical analysis of selected biblical texts.*

Introduction to the psychology of religion

Winter semester, blended teaching/learning, 2,5 ECTS, Master level

A presentation of the authors who have most profoundly influenced the psychology of religion; psychological reasons for believing as well as for not believing; God, an innate idea in the human psychic structure; parental influence on the development of the image of God; contemporary psychoanalysis and religious experience; the space of the sacred in the human psychic structure; the psychology of the longing for salvation; the essential dimensions of the sacred, redemptive dimension of the religious; transformation and religious experience; trauma and addictions and the religious experience of salvation; the relationships that most deeply mark us and their sacred content; spiritual and religious experience.

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Basic Concepts of Marriage and Family Therapy

Summer semester, blended teaching/learning, 5 ECTS, Master level

The content of the course is highly concentrated on the therapeutic relationship and its boundaries, structure, hierarchy, roles, transference of feelings, transference/countertransference, therapeutic alliance, etc. In addition to understanding various problem-solving techniques, there is also a strong emphasis on concrete examples of the recognition of affective psychic constructs, how to regulate affect, the organisational aspects of the therapeutic hour, the basics of compassion and empathy, and family placement. In addition, much attention is paid to the different levels (systemic, interpersonal and intrapsychic) and to bodily sensations, which carry essential unconscious messages in therapy. The content of the course also includes an understanding of the levels of therapeutic interventions and the phases of therapy. Important emphasis is placed on understanding and defining the process of change in therapy. The course also deals with specific interventions in therapy.

Family life cycles

Summer semester, blended teaching/learning, 3 ECTS, Master level

The conceptual framework of the developmental approach to the family and family therapy: the family as a system in time; changes in the family development cycle; stages of the family cycle in middle-class families in the West; variations of these rates. Discontinuous changes in the family cycle: evolutionary feedback, hierarchical growth, expected cycle crises, concept and mechanisms of incremental steps. Early adolescence; young couples; woman, man and network of friendships; Health and disease; divorce and remarriage; rites of passage. Family cycles in therapy: the use of genograms, therapeutic process in family therapy. Phases of the traditional family cycle: leaving home, new couple, families with young children, transformation of the family system in adolescence, children leaving home family at the old age. The cycle of family development in divorce. Other factors of change in the family cycle.

PhD

A psychological and psychotherapeutic view of man

Winter, blended teaching/learning, PhD

Course content by modules: the student chooses 2 modules out of three, each of which is evaluated with 5 credit points, so that he achieves a total of 10 credit points.

Module 1. Basic assumptions of modern developmental science. A systemic view of affective dynamics in the family: affect regulation. The formation of the foundations of the human psychological structure: attachment, emotions, memory. The systemic nature of brain development and function: brain organization, brain development, the brain as a system, the neurobiology of childhood trauma, the neuropsychology of disorganized attachment, early relational trauma, and long-term right-hemisphere dysfunction. Adult attachment development: Internal working models, a clinical application of the relational family developmental perspective. Exploring change in the therapeutic process. Regulation of affect in the therapeutic process.

Module 2. Historical and conceptual foundations of the systemic view of human. Models of family therapy: behavioural family model, behavioural couples therapy, M. Bowen model of family therapy, contextual therapy, problem-oriented therapy, Milan school, strategic family therapy, structural family therapy, experiential family therapy. The relational paradigm in psychoanalysis and object-relational concepts. Sexuality and the object. Building self-image. The client-therapist relationship. The therapeutic process. Relational-systemic model: integration of elements of ego-psychology, object-relational models and psychology of the self, model levels and transitions between levels, affective psychological construct.

Module 3. Paradigm change and contemporary trends in psychoanalysis and psychotherapy. History of classification and treatment of mental disorders. Methodological and classification problems of classification of mental disorders. Anxiety disorders. Mood disorders. Somatoform and dissociative disorders. Eating and sleeping disorders. Substance use disorders and forms of addiction. Schizophrenia and other psychotic disorders. Developmental disorders. Personality disorders. Clinical cases and therapy planning. Supervision and teamwork in the therapy of personality disorders, addiction, violence, antisocial and manipulative behaviour.