



UNIVERSITATEA BABEȘ-BOLYAI  
BABEȘ-BOLYAI TUDOMÁNYEGYETEM  
BABEȘ-BOLYAI UNIVERSITAT  
BABEȘ-BOLYAI UNIVERSITY  
TRADITIO ET EXCELLENTIA



Erasmus+

# BLENDED INTENSIVE PROGRAMME

# HEALTH4MEDIA - 2<sup>ND</sup> EDITION

Babeș-Bolyai University, Cluj-Napoca, Romania

Organized by The Experience Makers! (Carmen, Vianora, Liana, Ilona)



Online: April 01-02, 2026

On-site: April 20-24, 2026

## Who Should Attend?

Bachelor's and Master's students in Journalism, Communication, and Psychology, with a B2 level in English

## Why Join Health4Media?

- 1 Gain insights into mental health issues faced by media professionals
- 2 Learn coping and self-care strategies
- 3 Connect with peers in an engaging environment

## Interested?

Contact the Erasmus office at your university

