

Second Cycle Master Study Programme
MARITAL AND FAMILY STUDIES
Faculty of Theology, University of Ljubljana

1. Information on the study programme

Second cycle study programme *Marital and Family Studies* takes 2 years (4 semesters) and brings 120 ECTS credit points. The acquired degree is *Master of Marital and Family Studies*.

2. Fundamental objectives of the programme and general competences

The fundamental objective of the second cycle programme *Marital and Family Studies* is to form the *Master of Marital and Family Studies* profile. The programme provides theoretical and methodological knowledge in all interdisciplinary dimensions (integration, upgrading of acquired knowledge) as well as practical application. The programme's objectives are to:

1. Train for planning, carrying out, monitoring and evaluation of consulting, educative, and prevention work with families, spouses/partners and individuals.
2. Develop the competence of understanding and critical evaluation of partnership, marital and family dynamics, factors of growth and development, risk factors for development of problematic issues and pathology, and mechanisms of change.
3. Ensure acquisition of articulate knowledge of the findings of scientific research, observations and studies in marital and family issues, develop the ability of critical examining of scientific and expert sources from this field, and train for independent scientific research in marital and family issues.
4. Ensure appropriate and necessary theoretical and practical basis for advanced study of family and marital therapy and studies which share therapeutic basis with the above mentioned fields.
5. Enable the development of professional identity, ethical attitude based on pro-social values, capability to create professional relations with clients.

Competences acquired during study:

General competences:

- Capability of acquisition, selection, evaluation and integration of new information and knowledge, and ability of interpretation.
- Development of observation, analysing, synthesis, and critical evaluation.
- Independent use of sources in order to learn and research.
- Developed ability to express, back up and argue one's point in dialogue, with the emphasis on progressive conflict-solving.

- Development of communication and empathetic abilities and skills.
- Ability of scientifically critical outlook on family and marital phenomena and ability to write about them in scientific manner.
- Ability to solve theoretical and empirical, concrete social, especially family and marital problems by means of scientific methodology and procedures used for these topics.

Subject-specific competences:

- Knowledge and understanding of functional/dysfunctional family and marital processes, dynamics, principles, characteristics and roles; ability to analyse and synthesize these and anticipate solutions and their consequences.
- Knowledge of major development theories, prevailing conceptual perspectives on individual, family and marital development; the development of critical application of these scientific findings.
- A student masters and is capable of understanding philosophical, theological, biblical and spiritual context of family and marriage.
- The ability of selection and application of philosophical, theological and biblical texts for understanding and support in concrete life situations.
- A student recognizes various forms, values and patterns of family and marital relations from societal perspective and how they change in time.
- Understanding of family relations from the perspective of social categories such as relations between genders, generations, siblings, and relatives.
- Fundamental knowledge and critical assessment of various psychopathological categories and mental disorders, and their recognition in specific cases (also from the perspective of relation-family therapy).
- Use of different perspectives, models and theories in order to understand specific problems within family, in marriage and with an individual; the development of hypotheses and generative responses to problem situations.
- Ability to identify and knowledge of the traits of the most frequent developmental disorders, and understanding of neurological, psychological, social and spiritual aspects of each disorder.
- Ability to verify and develop adequate safety plans for the following cases: substance abuse, inappropriate treatment of children and the elderly, domestic violence, physical violence, suicidal potential and being dangerous to oneself or others.
- Knowledge and use of fundamental principles of relation-family model when working with a family.
- Knowledge and ability of acting in accordance with ethical codes governing work with families, with the emphasis on the *Code of Ethical Principles in Social Protection* and *Code of Ethics in Marital and Family Therapy*.
- Understanding of legislation, legal requirements, mandates and limitations when working with various groups, with the emphasis on family, family relations and social protection.
- Knowledge and ability to apply scientific research methodology, procedures and processes in social sciences, with the emphasis on family and marriage, and ability of critical evaluation.
- Ability to identify possibilities and application of scientific research for addressing concrete issues in family, marriage, and family and marital interventions and thus contribute to the development of new knowledge in these areas.

3. Admission criteria and criteria when numerus clausus is applied

Second cycle study programme Marital and Family Studies is open for those who completed:

1. A university study programme (adopted prior to 11 June 2004) or first cycle study programme (or equal education according to the Higher Education Act) in adequate professional fields (humanistic, pedagogical, social, health-care, or social sciences). When a candidate completed a first degree study programme with 240 ECTS or a university study programme (adopted prior to 11 June 2004) with a scope comparable to 240 ECTS, up to 60 ECTS can be recognized.
2. A university study programme (adopted prior to 11 June 2004) or a first cycle study programme (or equal education according to the Higher Education Act) in other professional fields, if the candidate, prior to enrolment, fulfilled other study obligations in psychology, philosophy, and theology, which are, considering different professional fields, determined by the relevant study committee from 10 to 60 ECTS.

Selection criteria when numerus clausus is applied

When the number of applicants is higher than the number of available places, the candidates who meet the criteria for admission are selected according to the following criteria:

- average mark at the first cycle programme (40%)
- achievement at diploma and/or diploma examination or other form of graduation (10%); with candidates who do not have diploma, diploma examination or some other form of graduation, 50% of average mark at the first cycle programme from the first indent is taken into account
- selecting examination where the candidate shows the scope and depth of his/her knowledge of marital and family relations (50%).

4. Criteria for the recognition of knowledge and skills acquired before the enrolment in the programme

As a fulfilled study requirement, a student can be recognized for knowledge which, according to scope and contents, corresponds to the subjects of the enrolled study programme and were acquired prior to enrolment in the programme. On the basis of a student's written application with attached certificates or other documents, which prove successfully acquired knowledge and its contents, the recognition of knowledge and skills is determined by the Faculty of Theology at the University of Ljubljana (TEOF UL). Decisions concerning the change of programme are made by the TEOF Senate.

5. Criteria for proceeding through the programme

To enrol in **the second year** of the second cycle master study programme after finished first year, a student should fulfil all requirements according to the curriculum and specific syllabi for the first year except the requirements in the scope of 6 ECTS, therefore at least 54 ECTS in total.

In accordance with the decision of the senate of the Faculty of Theology and with Article 153 of the Statute of the University of Ljubljana, a student proceeding to the next year can exceptionally have up to 6 ECTS of study obligations (10% of total number of ECTS for each year) overlooked, if there are justified reasons for doing so. Justified reasons are specified in the Statute of the University of Ljubljana. The student should fulfil overlooked study obligations prior to her/his enrolment in the next year.

6. Criteria for completing the study

To complete the study, a student should fulfil all requirements according to the programme. The student should acquire all credits (120 ECTS) and successfully produce and present Master's thesis. The criteria for completing the study are stated in the Study Rules and Regulations of the Faculty of Theology at the University of Ljubljana.

7. Changing study programmes

Changing the programme of study is determined by the Criteria for changing the programme of study (Official Gazette of the Republic of Slovenia, No. 95/10 and 17/11) and the Statute UL (Articles 181-189). A student can enrol in master study programme Marital and Family Studies if she/he can be recognized, according to the criteria for recognition, at least half of the obligations according to the European Transfer Credit System (hereinafter: ECTS) from the first second cycle study programme related to compulsory subjects of the second study programme and at the completion of study guarantee acquisition of comparable competences. The faculty senate, which makes the decision, can assign bridging examinations which student should pass in order to change the programme. Changing study programme or field of study due to unfulfilled obligation in a previous study programme is not considered changing the programme of study.

a) Change of university is ruled by Article 189 of the UL Statute:

- To enrol in master study programme Marital and Family Studies at the UL TEOF, the candidate should meet the criteria for enrolling in the next year according to the study programme of her/his current university.
- TEOF UL Senate decides if the criteria for changing are met and determines eventual bridging examination and other obligations for enrolment for the candidate as well as the year she/he may enrol according to the suggestion of the Student Matters Committee.

b) Among study programmes UL, the change to master study programme Marital and Family Studies, according to Article 183 of the Statute of the UL, is possible under the following conditions:

- If the candidate enrolling the new study programme can be recognized at least half of the obligations from the first study programme.
- TEOF UL Senate decides if the criteria for changing are met and determines eventual bridging examination and other obligations for enrolment for the candidate as well as the year she/he may enrol according to the suggestion of the Student Matters Committee.

8. Assessment of knowledge

Examinations are written, oral, and written and oral. Knowledge is assessed with grades according to the Statute of the University of Ljubljana (Article 138): 10 (excellent); 9 (very good); 8 (very good); 7 (good); 6 (satisfactory); 5–1 (fail).

9. Curriculum of the study programme with envisaged teaching staff

Second cycle study programme 'Marital and Family Studies'

FIRST YEAR

Year I, Semester I, fields of study: Marital and Family Therapy; Consulting and Preventive Work with Spouses and Families										
No.	Learning unit		Contact hours					Independent student work	Hours TTL	ECTS
			Lect.	Sem.	Tutorials	Clinical tutorials	Other forms of study			
1.	Family and Marriage System		40	40	10			120	210	7
2.	Ethical, Religious and Psychoanalytic Foundation of Interpersonal Relationships		55	40	10			135	240	8
3.	Psychological, Social and Spiritual Development of an Individual and Development Interventions I		30	20	10			90	150	5
4.	Psychological Development of Partnership and Family		30	15	-			75	120	4
5.	Research Methodology in Social Sciences and Humanities		40	-	20			90	150	5
TOTAL			195	115	50			510	870	29
PERCENTAGE			54%	32%	14%					

Year I, Semester II, fields of study: Marital and Family Therapy; Consulting and Preventive Work with Spouses and Families										
No.	Learning unit		Contact hours					Independent student work	Hours TTL	ECTS
			Lect.	Sem.	Tutorials	Clinical tutorials	Other forms of study			
1.	Family in Society		20	10	-			60	90	3
2.	Specific Family Issues		30	30	-			90	150	5
3.	Psychological, Social and Spiritual Development of an Individual and Development Interventions II		30	20	10			90	150	5
4.	Optional course 1		10	10	10			60	90	3
5.	Optional course 2		10	10	10			60	90	3
6.	Optional course 3		30	30	-			90	150	5
7.	Optional course 4		55	20	15			120	210	7
TOTAL			185	130	45			570	930	31
PERCENTAGE			51%	36%	13%					

Optional courses, Year I, Semester II, field of study: Marital and Family Therapy										
No.	Course		Contact hours					Independent student work	Hours TTL	ECTS
			Lect.	Sem.	Tutorials	Clinical tutorials	Other forms of study			
1.	Biblical Anthropology and Family in the Bible		10	10	10			60	90	3
2.	Revelation and Redemption in a Relationship		10	10	10			60	90	3
3.	Legal Basis of Christian Marriage		10	10	10			60	90	3
4.	Faith and Religion in Family and Relationships		10	10	10			60	90	3
5.	Fundamental Concepts of Marital and Family Therapy		30	30	-			90	150	5
6.	Trauma, Stress and Crisis Interventions in Family		55	20	15			120	210	7
TOTAL			125	90	55			450	720	24

Optional courses, Year I, Semester II, field of study: Consulting and Preventive Work with Spouses and Families										
No.	Course		Contact hours					Independent student work	Hours TTL	EC TS
			Lect.	Sem.	Tutorials	Clinical tutorials	Other forms of study			
1.	Biblical Anthropology and Family in the Bible		10	10	10			60	90	3
2.	Revelation and Redemption in a Relationship		10	10	10			60	90	3
3.	Legal Basis of Christian Marriage		10	10	10			60	90	3
4.	Faith and Religion in Family and Relationships		10	10	10			60	90	3
5.	Programmes of Psycho-Social Help for Marriage and Family		30	30	-			90	150	5
6.	Consulting, Upbringing and Education for Marital and Family Life		55	20	15			120	210	7
TOTAL			125	90	55			450	720	24

Year II, Semester I, field of study: Marital and Family Therapy										
No.	Learning unit		Contact hours					Indepen dent student work	Hours TTL	ECTS
			Lect.	Sem.	Tutori als	Clinical tutorials	Other forms of study			
1.	Helping Marriage and Family		50	30	10			120	210	7
2.	Family and Marriage Diagnostics and Assessment		30	20	10			90	150	5
3.	Research of Interventions and Phenomena in Marriage and Family		30	20	10			90	150	5
4.	Mental Problems, Disorders and Diseases in Individual and Family		60	50	25			165	300	10
5.	Supervision of Work with Spouses and Families		10	10	10			60	90	3
TOTAL			180	130	65			525	900	30
PERCENTAGE			48%	35%	17%					

Year II, Semester I, field of study: Consulting and Preventive Work with Spouses and Families						
No.	Learning unit	Lecturer	Contact hours			ECTS

			Lect.	Sem.	Tutorials	Clinical tutorials	Other forms of study	Independent student work	Hours TTL	
1.	Helping Marriage and Family		50	30	10			120	210	7
2.	Prevention in Marriage and Family in Education, Pastoral and Social Protection		30	20	10			90	150	5
3.	Research of Interventions and Phenomena in Marriage and Family		30	20	10			90	150	5
4.	Mental Problems, Disorders and Diseases in Individual and Family		60	50	25			165	300	10
5.	Supervision of Work with Spouses and Families		10	10	10			60	90	3
TOTAL			180	130	65			525	900	30
PERCENTAGE			48%	35%	17%					

Year II, Semester II, field of study: Marital and Family Therapy										
No.	Learning unit		Contact hours					Independent student work	Hours TTL	ECTS
			Lect.	Sem.	Tutorials	Clinical tutorials	Other forms of study			

1.	Seminar of Scientific Work for Graduates	-	30	-			60	90	3
2.	Therapeutic Models for Treating Individuals and Families	45	-	45			120	210	7
3.	Optional course - external	?	?	?				180	6
4.	Master's Thesis and Its Presentation							420	14
TOTAL		45	30	45			180	900	30
PERCENTAGE		37,5%	25%	37,5%					

Year II, Semester II, field of study: Consulting and Preventive Work with Spouses and Families										
No.	Learning unit		Contact hours					Independent student work	Hours TTL	ECTS
			Lect.	Sem.	Tutorials	Clinical tutorials	Other forms of study			
1.	Seminar of Scientific Work for Graduates		-	30	-			60	90	3
2.	Experiential Learning and Family Consulting		45	-	45			120	210	7
3.	Optional course - external		?	?	?				180	6
4.	Master's Thesis and Its Presentation								420	14
TOTAL			45	30	45			180	900	30
PERCENTAGE			37,5%	25%	37,5%					

10. Possibilities of optional courses and mobility

Other Programmes

A student can bring 6 (and up to 10) credits from other programmes at the Faculty of Theology at the University of Ljubljana or from the programmes of other faculties or universities.

Mobility

Within Socrates/Erasmus programme, the Faculty of Theology signed contracts with Faculties of Theology at the Universities of Graz, Innsbruck, Leuven, Marburg and Regensburg. Student exchange takes place with these faculties. Students can apply each year in March and then spend studying one or two semesters at one of the above mentioned faculties. The Faculty of Theology recognizes acquired credits and completed semester/year, if the student collects the necessary number of credits to enrol in the next year. For universities in German-speaking regions, knowledge of German is necessary; at the University of Leuven the study is in English.

11. Short introductions of courses

No.	Year/ Seme- ster	Lecturer	Course	Autumn semester	Spring semester
				Hours/ ECTS per week	Hours/ ECTS per week

YEAR I

1.	1/1		Family and Marriage System	6/7	0/0
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Systemic family theory. Subsystems, roles, rules and patterns of communication and affects in family system. Transgenerational transference of behavioural, affective and thinking patterns. Theories of attachment. Ability of intimate relationships. Compulsive repeating of painful dynamics. Significance of early relations between parents and children. Family issues and interventions in family from the perspective of the systemic family theory. Understanding of family as a system with its own needs and dynamics.

2.	1/1		Ethical, Religious and Psychoanalytic Foundation of Interpersonal Relationships	7/8	0/0
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Phenomenological-existential method and how it differs from empirical scientific method. Fundamental dimensions of human existence: understanding world, fellow people and oneself; openness (understanding, feeling, speech) and temporality of human existence; its worrying (anxiety), death, conscience and guilt. Ethical dimension of the relation to the other, characterized by responsibility to and for the other. Existential analysis from the perspective of responsibility, with the focus on the analysis of language which is torn between cognitive contents and responsibility to interlocutor. Reflection on evil as an incessant challenge to ethics, and related issue of reconciliation. Fundamental psychoanalytical concepts and

dynamics (the structure of psyche, psychological relational sacral space, relational family paradigm, analytical encounter, transference and countertransference, projection-introjection identification, free will, analytical change etc.). The meaning of yearning for salvation in analytical treatment and establishment of sacral space within relationship in psychoanalytical treatment and analytical healing. The meaning of relational paradigm (development and maintenance of relationship with the other and with God, understanding of an individual and her/his religious experience within family and in relation to the other).

3.	1/1		Psychological, Social and Spiritual Development of an Individual and Development Interventions I	4/5	0/0
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Factors and principles of psychological, social and spiritual development; main areas of development, stages of development and individual's development tasks; role of family at specific development ages; development theories; assessment of developmental needs; planning, monitoring, improving and evaluation of preventive, educative and therapeutic programmes for encouraging optimal development; planning and monitoring personal growth and development in individuals, couples and families.

4.	1/1		Psychological Development of Partnership and Family	4/5	0/0
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Family in life periods, roles of parents and children, child-raising and parents' attitude, family dynamics during developmental changes and with occurrence of problems in an individual and/or entire family. Drawing genograms, connecting past and present, and addressing unprocessed transgenerational affects and feelings. Each developmental stage is clarified from the perspectives of parents and children as well as interaction between both subsystems. Functional partnership from falling in love to attachment and happy marriage; dysfunctional partnership (deeply rooted conflicts, vicious circle of repeating old wounds and seeking exits such as divorce, infidelity, violence, addictions, etc.).

5.	1/1		Research Methodology in Social Sciences and Humanities	4/5	0/0
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Basic characteristics of quantitative, qualitative and combined research methods. Formulation of research questions, critical survey of literature, development of research plan and basic techniques for data gathering and analysis. Detailed study of selected statistic procedures, specifically for marital and family studies. Writing and reporting on scientific research results. Peculiarities and highlights of research methods in the areas of society, human behaviour and social activities. Formation, use and characteristics of measuring tools. Learning about computer programmes to support scientific research. Ethics in the research process.

6.	1/2		Family in Society	0/0	2/3
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Fundamental family related concepts; various family patterns, styles, practices and forms through history; various forms of partnerships and new forms of family communities,

demographic and societal changes; family values; societal aspects of family life course; marriage, divorce, birth rates, family and child-raising. Images and role of life courses in modern society: pluralisation, time delays, deformations. Negative aspects of family life: violence, amoral familism, excessive focus on one's own family benefit; family and social environment; changing family functions and roles in postmodern society; family and spirituality, religions and the Church.

7.	1/2		Specific Family Issues	0/0	4/5
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Some of the specific problems in contemporary family, especially various types of abuse (emotional, sexual and physical). Historical perspective of abuse. The system, interpersonal and intrapsychic aspects of abuse; dynamics of abuse, its causes, models and theories.

8.	1/2		Psychological, Social and Spiritual Development of an Individual and Development Interventions II	0/0	4/5
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Neuropsychological aspects of human development, general principles of growth and development of human brain, developmental characteristics of human brain in specific life periods; influence of family and other social experiences and relational traumas on the maturing of brain; developmental disorders, detection of developmental disorders, contemporary methods and programmes for treatment of specific developmental disorders.

9.	1/2		Biblical Anthropology and Family in the Bible (optional)	0/0	2/3
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Different types of biblical family and their internal (primary) and external relationships dynamics: one-child family, family with two children, large family, family with illegitimate children etc. Preparation for family life and various dynamics of interpersonal, religious and transcendental relations in the Bible. Biblical image of man and biblical anthropology. Biblical man as sinful but never abandoned. The help of religious communication in resolving everyday family complications and perceiving every situation as a learning opportunity. Anthropological findings and dynamics of Jesus's communication and activities which help resolve everyday distress.

10.	1/2		Revelation and Redemption in a Relationship (optional)	0/0	2/3
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Man as a relational being. Relation to God whom Christianity conceptualizes as a personal God (Trinity – “three-personed God”), “persons’ God”, God “for people” as a primary relationship. Christian revelation as exposing personal relationship, self-revelation and self-giving, invitation to deeper learning and love. Faith as establishing a new and unique

relationship of trust, devotion and love for God and consequently to a fellow man who is the image of God.

Redemption as renovation of all areas of human activity (personal, social, economic), so that within the “culture of death” it creates the “culture of life”. Redemption as necessarily integrated, encompassing human physical, psychological and spiritual dimension.

11.	1/2		Legal basis of Christian Marriage (optional)	0/0	2/3
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Legal basis of marriage, preparation for marriage, diriment impediments in general, diriment impediments in particular, matrimonial consent, the form of the celebration of marriage, mixed marriages and marriage celebrated secretly, separation of spouses, the convalidation of marriage.

12.	1/2		Faith and Religion in Family and Relationships (optional)	0/0	2/3
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Purpose of religion, religious attitude and religious values in family. Difference in partners' religious beliefs. Basic concepts of relational psychoanalysis in connection with the formation of religiousness in family. Image of God and relationship with God from the perspective of early relations within family. Role and meaning of faith in facing traumatic events. Abuse of religiousness and unhealthy forms of spirituality and religious activities.

13.	1/2		Fundamental Concepts of Marital and Family Therapy (optional)	0/0	4/5
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Therapeutic relationship and related borders, structure, hierarchy, roles, transmission of affect, transference and countertransference, therapeutic alliance. In addition to understanding various problem-solving techniques, focus is primarily on specific cases of recognition of affective psychological constructs, ways of affect regulation, organizational aspects of a therapy session, fundamentals of sympathy and empathy, and establishing a family.

14.	1/2		Trauma, Stress and Crisis Interventions in Family (optional)	0/0	6/7
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Phenomenology of traumatic stress, work with family at various types of trauma, different therapeutic approaches to treatment of trauma, developmental aspects of psychological trauma, family and marital dynamics in case of trauma, secondary traumatization, trauma and attachment patterns, neurobiology of traumatic stress, transgenerational transmission of trauma. Ethics and limitations in professional work with trauma and stress in a family. Types of emergency situations in family and marriage. Major theories of family crisis and crisis intervention. Ways of coping and family and marriage dynamics in crisis. Assessment of the depth of emergency situation in family, risk factors and protective factors. Basic principles and major types of crisis interventions. Ethics and limitations in professional work with emergency situations.

15.	1/2		Programmes of Psycho-Social Help for Marriage and Family (optional)	0/0	4/5
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Designing and implementation of programmes for specific psycho-social needs and for encouraging psycho-social development of families and spouses in different developmental stages of marriage and family (e.g. young couples, couples before marriage, married couples, families with an infant, families with an adolescent, empty nest, old age, intergenerational connections). Special emphasis on work with groups of married couples and couples before marriage, learning about the most important topics dealt with in these groups.

16.	1/2		Consulting, Upbringing and Education for Marital and Family Life (optional)	0/0	6/7
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Understanding of meaning and purpose of consulting process. Basic theories, models, approaches, strategies and skills of consulting process and understanding essential aspects important for consulting. Concrete types and possibilities of consulting in educational system, social system, and pastoral. Important techniques for approaching spouses and families with specific needs. Significant topics of marital and family life, especially meaning of parenthood, types of child-raising, critical periods of parenting. Specific problems arising between parents and children. Life in different family communities. Intergenerational influences.

YEAR II

17.	2/3		Helping Marriage and Family	6/7	0/0
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A comprehensive analysis and work with family, especially with transference and countertransference, projection-introjection identification, affective psychological construct, affect dysregulation/regulation, psycho-biological states, basic therapeutic skills (listening, asking questions, interpretation, etc.) and interpersonal affect regulation and subconscious psychological pact. Ethical and legal aspect of work with family, codes of ethic in work with family, systems of social protection and family. Permissions and authorizations to work with family, practical work, professional and social context of work with family.

18.	2/3		Family and Marriage Diagnostics and Assessment	4/5	0/0
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Fundamental concepts of assessment and diagnostics; strategies, principles and models of assessment and diagnostics with the emphasis on partnership, marriage and family assessment; selected assessment instruments; guidelines for the selection of the mode of assessment, evaluation and interpretation of diagnostic results, communication of diagnostic findings and writing diagnostic reports, ethical aspects of assessment, basic methodology of assessment (monitoring of behaviour, assessment interview, genogram, developmental screening tests, assessment and diagnostic procedures in specific cases).

19.	2/3		Research of Interventions and Phenomena in Marriage and Family	4/5	0/0
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Deeper understanding of the methods of qualitative, quantitative and combined research important for marital and family phenomena and interventions. Major research findings in the field. Sources of literature, electronic search, use of major bibliographical electronic services, catalogues of specific expertise. Further analysis of measuring tools. Significant field-related ethical issues. Presentation of results of qualitative research.

20.	2/3		Mental Problems, Disorders and Diseases in Individual and Family	9/10	0/0
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Assessment and treatment of major mental disorders, problems and diseases. Mental disorders from relational and family perspective. Traditional psycho-diagnostic categories. Fundamental concepts in psychopharmacology, psychiatry. Psychosomatics. Special emphasis on main characteristics, causes and effects of all types of addiction. Stages of addictive or compulsive behaviour, process of healing and treatment.

30.	2/3		Supervision of Work with Spouses and Families	2/3	0/0
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Theoretical and practical aspects of supervision of professional work with spouses and families. Supervision as a tool for development of professional and ethical attitude and competence in working with spouses and families. Fundamental principles and elements of supervision process. Different models and types of supervision. Supervision methods and interventions in specific cases of work with spouses and families. Roles of participants in supervision. The meaning of supervision relationship and relation mechanisms in supervision (parallel process, projection-introjection identification, affect regulation, empathy, separation-individualization process, transference/countertransference).

31.	2/3		Prevention in Marriage and Family in Education, Pastoral and Social Protection (optional)	4/5	0/0
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Measures and activities for prevention of family and marriage distress and problems in all life periods and situations. Various preventive programmes and forms of prevention to protect spouses and family from distress and problems in relationships. Vulnerable spots in family. Learning about various types and possibilities of prevention work in educational system, pastoral and social protection. Examples of good practice in prevention work with marriage and family.

32.	2/4		Seminar of Scientific Work for Graduates	0/0	2/3
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Preparation for writing Master's thesis. Topics: form, characteristics and requirements for Master's thesis. Ways of searching for the topics, schedule and stages of writing. Appropriate processing of literature, implementation of research work, data analysis and interpretation. Adequate presentation of results. Composition and form of Master's thesis. Formal procedures in writing Master's thesis.

33.	2/4		Therapeutic Models for Treating Individuals and Families (optional)	0/0	6/7
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Historical development of therapeutic approaches. Theoretical and empirical fundamentals and current conceptual trends in psychotherapy, with the emphasis on marital and family therapy. Major models of therapeutic treatment of an individual and a family (cognitive-behavioural, transaction analysis, gestalt, psychodynamic model, experiential, imago, emotionally focused, systemic, etc.).

34.	2/4		Experiential Learning and Family Consulting (optional)	0/0	6/7
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Fundamentals of experiential learning and holistic approach, which is the basis of humanistic pedagogical approaches. Focus is on an individual in distress, her/his internal processes, relationships with other family members and surroundings which also encompasses social, cultural, physical and other factors. On the basis of recognition and understanding of personal distress of an individual, students will learn the basics of consulting and therapeutic work which helps the individual to become aware of and face the circumstances of her/his problems, to verify, in a more critical manner, consequences of her/his deeds and decisions, and to find appropriate solutions or way out, which will improve relations within family. They learn about the dangers of compulsive repeating, intergenerational and generational (partnership) relationships and discover weaknesses which burden and hinder successful family relations. A lot of attention is paid to discovering resources which nourish and strengthen relationships. In accordance with the experiential learning doctrine, the course is focused on "self-work", which helps entering the world of healthy empathy.

35.	2/4		Master's Thesis and Its Presentation	0/0	14 KT
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After agreement with her/his mentor, a student chooses and completes master thesis in marital and family studies, concluding it with the presentation where she/he needs to show knowledge of selected topics, capability of connecting scientific findings, capability of synthetic and analytic thinking, mastering scientific research methodology and communication skills, as well as the capability of an adequate presentation of their findings.