

## 2021-2022 STUDY PROGRAMME INFORMATION – ADVANCED STUDIES IN SPIRITUALITY

### Basic data

Programme name	<b>Advanced Studies in Spirituality</b>
Programme characteristics	
Type	Advanced
KLASIUS/SRV	Sublevel 6/1: Activities/Achievements, supplementary education (36100)
ISCED	<ul style="list-style-type: none"> <li>Humanities (22)</li> </ul>
KLASIUS-P	<ul style="list-style-type: none"> <li>Theology (2211)</li> </ul>
CLASSIUS-P-16	(no information)
Frascati	<ul style="list-style-type: none"> <li>Humanities (6)</li> </ul>
SQF (SOK) Level	6
EQF (EOK) Level	5
EQ-EHEA (EOVK) Level	Short cycle
Fields/modules/orientations	<ul style="list-style-type: none"> <li>No subdivision (study programme)</li> </ul>
Members of the University of Ljubljana	<ul style="list-style-type: none"> <li>Faculty of Theology, Poljanska 4, 1000 Ljubljana, Slovenia</li> </ul>
Duration (years)	1
Number of ECTS per year	40
Mode of study	Other

### Basic goals of the programme

- to provide participants with spirituality and spiritual pastoral care related knowledge;
- to enhance their ability for interdisciplinary thinking and acting, for methodological and professional research and writing;
- to form in participants a spiritual and ethical attitude that allows them to engage in a respectful and constructive dialogue with individuals and the community;
- to enable them to apply their spirituality related knowledge in their personal life and mission, i.e. to responsibly and effectively provide spiritual help to anyone in need of it;
- to enable them to effectively respond to actual spiritual needs of people, to diagnose their individual spiritual paths, to provide various forms of spiritual help in their search for true spirituality and holistic personal maturation in order to build their lives and communities;
- to enable them for providing spiritual assistance to groups and persons in parishes and other ecclesiastical and cultural educational institutions where they work;
- to enable them to gain personal spiritual and practical experience for introducing others to spirituality; to apply their acquired knowledge in practice, to upgrade it and achieve synergy in community work.

### General competences

- **methodological** (the ability to apply basic principles of humanistic and social science methodology and to think in line with philosophical, biblical and theological methods and methods of spiritual theology, and to use professional literature and other scientific aids; the ability to work with different sources and literature, including those in foreign languages);
- **hermeneutic, cognitive and theoretical** (the ability of independent and critical understanding of basic social, cultural, religious phenomena in their historical contexts; the ability to understand texts, their message and diversity, the practical application of knowledge);
- **synthetic** (the ability to integrate understanding, knowledge and feelings into a whole; to introduce changes and improvements; to work creatively, independently and resourcefully; to approach others holistically, accepting their uniqueness and transcendence; to analyse various influences on people; to theologially interpret the situation in the world);
- **social** (the ability for group dynamics, to lead group work in the humanities, social sciences, religions and spirituality and to communicate between professions; to sense and react to environmental needs; to analyse situations; to sense the heterogeneity and homogeneity of different social and spiritual groups; to

be communicative and able to coordinate different interests; to be sensitive to social, cultural and spiritual issues);

- **technical** (the ability to acquire, record, document, use and assess sources of knowledge and information; to use information technologies and tools, to use audio-visual means in human formation and assistance);
- **language** (the ability to critically express, actively confront and argue, prepare and produce spiritual and theological articles and relevant texts);
- **individual** (the ability to express one's own beliefs, self-criticism, spiritual and ethical attitude, self-learning and self-education; the ability for lifelong learning, acquiring and upgrading skills in general humanities, also through reflection of one's own experience; the ability to direct one's own professional development and engage in constructive dialogue).

## Course-specific competences

- at the **theoretical level**, participants understand the criteria of genuine Christian spirituality, methods and interdisciplinary approach to spiritual theology and can deal with various topics of spirituality today; understand the matrix of interaction between religion and fine arts and know how to extract elements from a concrete spiritual-historical situation; understand the semantics of basic concepts of biblical, Jewish and early Christian spirituality; assess the importance of spiritual movements in shaping the general situation in the Church and society and their spiritual-critical task; know the cultural and mental background of Orthodox and Protestant spiritual traditions and the complementarity of spiritual offerings within Christianity; knows the spirituality of Jewish, Islamic, Indian, Chinese and animistic traditions in their modern forms; are familiar with the contents and groups of modern and other modern spiritualities in the European environment; understand the internal ideological logics of different spiritualities and their psychology cultural, social and social influences and the causes of misunderstandings and conflicts based on encounters between people of different spiritualities; know the fundamental properties of literary work in its organic connection between literary form, aesthetic effect and communicative spiritual message; are able to recognize the dynamics of psycho-spiritual development of individual periods of an adult and approach people in their concrete needs and deep desires in their various life situations; know the basic criteria of personality monitoring; are aware of possible spiritual abuse or manipulation; have experience in reading texts, taking into account the relationship between content and form; know how to read texts, not only analytically, but as a systematic and organic whole, which reflects various spiritual states in life;
- at the **experiential level**, participants appreciate the uniqueness and immense mystery of every person and are aware that faith never follows merely human logic; are able to self-observe and recognize the dynamics of their life; know how to sense the spirituality of the body and express it with postures and movements; know elementary methods of formal and semantic analysis of art space and works of art, which allows them to establish experiential and functional contact with their deep spiritual and archetypal layers; experientially learn to seek harmony between physical, mental and spiritual dimension of life; recognize and understand liturgy as a lifelong experiential spirituality; experience the richness and diversity of Christian spirituality in response to the spiritual search of modern people; have experience in reading texts with respect to the relationship between content and form; experientially know how to read texts not only analytically, but as a systematic and organic whole, reflecting various spiritual states in life;
- at the **reflective level**, participants are able to reflect upon and connect physicality, mentality and spirituality; develop a sense of recognizing the causes of change in the development of sacred art and its interaction with religion; critically reflect on their own spiritual life and spiritual life in the community; relate patristic concepts with current issues; assess the contributions in the history of established spiritual movements in shaping the Church, their role in individual periods and consequences for the individual; recognize their own point of view and to judiciously, within the accepted rationality, assess the role, meaning and (possible) effects; develop spiritual thinking, feeling, understanding and inner cognition of oneself and others through the treatment of spiritual themes, fundamental questions of life and various psychological characters in literature; constructively and critically reflect different views on the psychological and spiritual development of an adult and ways of helping people in different life situations;
- at the **practical level**, participants are able to expand the space of genuine intercultural dialogue through an increased sense of the archetypal kinship of sacred complexes; know how to use acquired knowledge for their own spiritual life and to advise others; use acquired knowledge in monitoring spiritual movements in our time and thus prevent abuse; critically and comprehensively assess the role and importance of institutions and the individual and their interaction; offer orientation in the midst of a flood of spiritual offerings (esoterica, cults, Eastern religions) and encounters unhealthy spirituality; base their spiritual life

on genuine Christian roots; teach the content and analysis of different spiritualities and promote understanding, trust and cooperation between exponents of different spiritualities; establish a lining contact with the spiritual content of literary music and film; know how to support various categories of the faithful on their spiritual path; offer personal spiritual direction or other forms of spiritual assistance; can give lectures or seminars on various meditations, prayers, spiritual exercises, *lectio divina* and other topics in the field of spirituality; can accompany or lead various meditative and prayer groups, Bible groups, spiritual weekends, workshops and prayer seminars.

## Admission requirements

Enrolment in the Advanced Studies in Spirituality study programme is open to graduates of the First or Second cycle study and higher education programmes. The latter may be assigned differential examinations by the UL TEOF Commission for Study Affairs.

## Selection criteria when enrolment is restricted

### Criteria for the recognition of knowledge and skills acquired prior to enrolment in the programme

Specific knowledge and skills acquired by participants before enrolling in the programme may be used as part of study obligations if they are acquired in a publicly valid study programme, however, up to a maximum of 15 credits. This knowledge cannot be applied to courses that consist of half or more of tutorials and seminars. The knowledge content must correspond to the learning content of the courses of the programme Advanced Studies in Spirituality. Recognition of knowledge and skills acquired before enrolment is determined by the TEOF UL Study Commission, based on the written application of participants, attached certificates and other documents proving the successfully acquired knowledge and content that can be evaluated by ECTS.

The following criteria will be taken into account when recognizing knowledge acquired before enrolment:

- adequacy of the conditions for admission and the required prior education for inclusion in education,
- comparability of the scope of education with the scope of the subject in which the obligation is recognized,
- adequacy of the content of education in relation to the content of the subject in which the obligation is recognized.

If the Commission finds that the acquired knowledge can be recognized, it is evaluated with the same number of points according to ECTS as the number of credit points for the course. In the above study programme, the Commission may also recognize knowledge, qualifications and abilities acquired by the candidate before enrolment in various forms of formal and non-formal education and which, in terms of content and complexity, fully or partially correspond to the specific competences determined by the study programme. The procedure for the recognition of informally acquired knowledge and skills is fully harmonized with the Rules on the Procedure and Criteria for the Recognition of Informally Acquired Knowledge and Skills of the University of Ljubljana.

Candidates demonstrate the knowledge acquired in various forms of formal and non-formal education and experiential learning (portfolio, projects, publications of author's works, etc.) with certificates and other documents, which show the content and scope of the submitted work.

The application for recognition of informally acquired knowledge and skills must contain:

- certificates,
- other documents (various documents issued by the employer and proving experience, certificates of participation in seminars and trainings, etc.),

- a portfolio in which applicants prepare their resume with data on the education, employment and other experience acquired in the past,
- other evidence (products, services, publications and other copyrighted works; projects, inventions, patents, etc.).

The recognized knowledge, skills or abilities can be considered as completed study obligations within all parts of the study programme. However, both the content and the scope of the work involved must be clearly evident from them, so that knowledge can be evaluated with credit points. On the basis of individual documented applications, the TEOF UL Senate decides on the recognition and evaluation of the acquired knowledge, qualifications and abilities. In doing so, it follows the UL Rules on the Procedure and Criteria for the Recognition of Informally Acquired Knowledge and Skills of the University of Ljubljana, other provisions of the UL Statute and the Rules of the Faculty of Theology of the University of Ljubljana.

### Modes of assessment

Modes of assessment are consistent with [the UL Statute](#) and listed in the curricula.

### Programme progression requirements

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### Requirements for the completion of studies

Students must collect 40 credits (ECTS) to complete the study programme Advanced Studies In Spirituality.

**ADVANCED STUDIES IN SPIRITUALITY -  
STUDY PROGRAMME SYLLABUS WITH PLANNED COURSE COORDINATORS**

No subdivision (study programme)

**First Year, Obligatory Subjects**

	Code	Subject Title	Lecturer	Contact hours					Individual Work	Total Hours	ECTS	Semester	Elective
				Lectures	Seminars	Tutorials	Clinical Tutorials	Other Forms of Study					
1.	PTVDDČ	Special Topics in Spirituality of Today	Ivan Platovnjak	25	15	5			75	120	4	Year-round	no
2.	LPITD	Liturgical, Spatial And Physical Spirituality	Jožef Muhovič, Slavko Krajnc, Stanko Gerjolj	35	15	10			90	150	5	Year-round	no
3.	DVSPICO	Spirituality in the Bible and the Church Fathers	Maksimilijan Matjaž, Miran Špelič, Samo Skralovnik	40	10	10			90	150	5	Year-round	no
4.	DGVZC	Spiritual Movements in the History of the Church	Bogdan Kolar	20	10				60	90	3	Summer	no
5.	GTDIPC3	Main Themes of the Spirituality of Orthodox and Protestant Churches	Bogdan Dolenc	20	5	5			60	90	3		no
6.	DVISS	Spirituality of Religions and the Modern World	Ivan Platovnjak, Mari Jože Osredkar	20	10				60	90	3	Year-round	no
7.	DVLGIF	Spirituality in Literature, Music and Film	Irena Avsenik Nabergoj	20	5	5			60	90	3	Year-round	no
8.	DDPOIKLSIP	Spirituality of Priests, Consecrated Persons and Christian Lay People, Single and Married	Ivan Platovnjak	20	5	5			60	90	3	Year-round	no

9.	CVIPDR	Holistic education and psycho-spiritual growth	Ivan Platovnjak, Stanko Gerjolj	35	15	10			90	150	5	Year-round	no
10.	PUVD	Practical Introduction to Spirituality	Ivan Platovnjak	25	5	40			110	180	6	Year-round	no
Total				260	95	90	0	0	755	1200	40		

Special Topics in Spirituality Of Today

Liturgical, Spatial and Physical Spirituality

Spirituality in the Bible and the Church Fathers

Spiritual Movements in the History of the Church

The Main Themes of the Spirituality of Orthodox and Protestant Churches

Spirituality of Religions and the Modern World

Spirituality in Literature, Music and Film

Spirituality of Priests, Consecrated Persons and Christian Lay People, Single and Married

Holistic Education And Psycho-Spiritual Growth

Practical Introduction to Spirituality