

2021-2022 STUDY PROGRAMME INFORMATION – MARITAL AND FAMILY THERAPY

Basic data

Programme name	Marital and Family Therapy
Programme characteristics	
Type	Advanced
KLASIUS/SRV	Sublevel 6/1: Activities/Achievements, supplementary education (36100)
ISCED	• Humanities (22)
KLASIUS-P	• Philosophy, Logic and Ethics (Other) (2269)
CLASSIUS-P-16	(no information)
Frascati	• Humanities (6)
SQF (SOK) Level	SQF (SOK) Level 6
EQF (EOK) Level	EQF (EOK) Level 5
EQ-EHEA (EOVK) Level	Short cycle
Fields/modules/orientations	• No subdivision (study programme)
Members of the University of Ljubljana	• Faculty of Theology, Poljanska 4, 1000 Ljubljana, Slovenia
Duration (years)	1
Number of ECTS per year	60
Mode of study	Other

Basic goals of the programme

The Marital and Family Therapy advanced study programme is intended for additional professional education of graduates in various disciplines, who professionally deal with the family as a whole or family members, couples or spouses. The aim of the programme is to improve theoretical knowledge in the fields of family and partnership relationships, parenting, intimacy, family and individual life cycle and family psychopathology, and to enable participants for using this knowledge in therapeutic practice. The programme provides evaluated education for all types of professions that work with people, as well as inclusion in domestic and international professional therapeutic associations and chambers.

General competences

Upon completion of the training participants will be qualified for:

- independent performance of therapeutic work with families, couples and individuals, thus gaining executive skills of marriage and family therapist such as: establishing and maintaining contact with clients, diagnostic assessment of cases, setting therapeutic goals, use of interventions, communication skills, personality skills and therapeutic skills meetings.
- understanding the problems of intimate relationships and individual psychopathology, thus gaining conceptual and perceptual skills of marriage and family therapist such as: recognizing theoretical background, thinking about systemic perspective, recognizing therapeutic models, perceiving oneself as a therapist and recognition skills, and hypothesis and integration practice.
- empathic monitoring and counselling, emotional regulation of traumatic experiences, work with individuals in crisis and trauma, verbalization of emotional processes.
- planning therapeutic meetings, and conducting therapy, and ethical assessment of therapeutic interventions, completion of therapeutic processes and developing the professional attitude of the therapist.
- evaluation of therapeutic work and self-evaluation.

Course-specific competences

Upon completion of the training participants acquire the following course-specific competences:

- understanding the historical and theoretical foundations of the system-relational model in psychoanalysis and psychotherapy;
- understanding family development and changes in family rules, roles, patterns of communication, emotions and mutual perception;
- understanding the basic concepts of individual psychopathology and classification of mental disorders,

- understanding of developmental science and its laws in the study of interpersonal relationships and attachment, knowledge of theories and research on intimacy, partnership and its development; awareness of the importance of research in marital and family therapy;
- the ability to recognize and articulate emotional intergenerational and interpersonal dynamics in the family; the ability to recognize non-functional forms of attachment in families; the ability to identify and evaluate the biopsychological basis of attachments and relationships in family development;
- independent planning and management of the therapeutic process of family therapy, the ability to lead independent professional practice and cooperation with other experts in the field of mental health,
- establishing contact with clients through compassionate addressing of emotional and physical processes in family therapy,
- the ability to integrate specific therapeutic techniques and strategies (integration of theory and practice, the ability to explain the applied therapeutic intervention and evaluate its adequacy);
- the use of interventions in family therapy that calm violent affects and stress, strengthen the boundaries between family members, discourage guilt;
- the ability to manage and plan family therapy by critically assessing the adequacy of therapeutic interventions,
- recognizing changes in the process of family and partner therapy;
- the ability for long-term management, planning and supervision of family and partner therapy (developing the skill of evaluation of the therapeutic process and self-evaluation, formation of therapeutic self-image and directing one's own professional development towards more constructive interaction with clients),
- developing the therapist's personal skills such as: empathy, patience, coping with one's own anxiety, self-criticism, emotional maturity, professionalism, flexibility, absence of pathology, shaping a professional image and professional therapeutic attitude;
- gaining personal therapeutic experience in family therapy.

Admission requirements

Enrolment in the Marital and Family Therapy advanced study programme is open to anyone who has completed a university study programme (adopted before 11 June 2004) or a First cycle study programme (or equivalent education under the Higher Education Act) of relevant professional fields, such as pedagogical, social, health and social sciences. Graduates of programmes with a different orientation can also enrol in the programme if, before enrolment or in the First Year of study, they complete study obligations which are determined by the relevant faculty body in the amount of 16 credits. Graduates of programmes with a higher level than the above can also enrol in the programme.

Selection criteria when enrolment is restricted

In the case of a larger number of applicants than the advertised positions, the priority is given to the applicants who meet the admission requirements on the basis of the following selection criteria:

- previous professional references, professional work, bibliography, awards (25%)
- average grade of previously completed study (15%)
- grade for diploma and/or diploma examination or other form of completion of studies (10%)
- for applicants who do not have a diploma, diploma examination or other form of completion of studies, the average grade of studies from the previous point is taken into account in 25%
- interview with the Commission, in which the applicant shows knowledge and knowledge in the field of marital and family relations (50%).

Criteria for the recognition of knowledge and skills acquired prior to enrolment in the programme

Specific knowledge and skills acquired by participants before enrolling in the programme may be used as part of study obligations if they are acquired in a publicly valid study programme, but up to a maximum of 15 credits. These skills cannot be applied in tutorials in individual courses. The knowledge content must correspond to the learning content of the courses of the Marital and family Therapy programme. Recognition of knowledge and skills acquired before enrolment is decided by the TEOF UL Senate, based on the written application of participants, attached certificates and other documents proving the successfully acquired knowledge and the content of this knowledge, so that knowledge can be evaluated according to ETCS.

The following criteria will be taken into account when recognizing knowledge acquired before enrolment:

- adequacy of conditions for admission and required prior education for inclusion in education,
- adequacy of informally acquired qualifications/education
- comparability of the scope of education with the scope of the course in which the obligation is recognized,
- the adequacy of the content of education in relation to the content of the course in which the obligation is recognized.

If the Commission finds that the acquired knowledge can be recognized, it is evaluated with the same number of points according to ECTS as the number of credit points for the course.

Recognized knowledge, skills or abilities can be considered as completed study obligations within all parts of the study programme. However, both the content and the scope of the work involved must be clearly evident from them, so that knowledge can be evaluated with credit points. On the basis of individual documented applications, the Senate of the TEOF UL decides on the recognition and evaluation of the acquired knowledge, qualifications and abilities. It follows the Rules on the Procedure and Criteria for the Recognition of Informally Acquired Knowledge and Skills, adopted on 29 May 2007 by the Senate of the University of Ljubljana, other provisions of the Statute of the University of Ljubljana and the Rules of the Faculty of Theology.

Modes of assessment

Modes of assessment are consistent with [the UL Statute](#) and listed in the curricula.

Programme progression requirements

To advance from the first to the second academic year, participants must pass all four exams from the group of obligatory subjects of the first academic year or 19 credits. Completed obligations in the course Relational Family Therapy (clinical tutorials) I are a condition for performing obligations in the course Relational Marital Therapy (clinical tutorials) I. Completed obligations in the course Relational Family Therapy (clinical tutorials) II are a condition for completing obligations in the course Relational Marital Therapy (clinical tutorials) II.

Requirements for the completion of studies

60 credits are required to complete the above study programme.

MARITAL AND FAMILY THERAPY - STUDY PROGRAMME SYLLABUS WITH PLANNED COURSE COORDINATORS

No subdivision (study programme)

First Year, Obligatory Subjects

				Contact hours									
	Code	Subject Title	Lecturer	Lectures	Seminars	Tutorials	Clinical Tutorials	Other Forms of Study	Individual Work	Total Hours	ECTS	Semester	Elective
1.	RDT (kv I)	Relational Family Therapy (clinical tutorials)	Christian Gostečnik				60		90	150	5	Winter	no
2.	SIRPVP	Systemic and Relational Approaches in Psychotherapy	Katarina Kompan Erzar, Tomaž Erzar	40	10	10			90	150	5	Winter	no
3.	RZT (kv) I	Relational Marital Therapy (clinical tutorials) I	Christian Gostečnik				60		90	150	5	Summer	no
4.	ZP	Legal Psychopathology	Tanja Repič Slavič	30	5		10		75	120	4	Summer	no
Total				70	15	10	130	0	345	570	19		

In the First Year, participants of the programme with Obligatory subjects collect 19 credit points.

Second Year, Obligatory Subjects

				Contact hours									
	Code	Subject Title	Lecturer	Lectures	Seminars	Tutorials	Clinical Tutorials	Other Forms of Study	Individual Work	Total Hours	ECTS	Semester	Elective
1.	RDT (Q2)	Relational Family Therapy (clinical tutorials) II	Christian Gostečnik, Saša Poljak Lukek, Tanja Repič Slavič				60		90	150	5	Winter	no
2.	TOK	Therapeutic Treatment of conflicts	Tomaž Erzar	30	15				75	120	4	Winter	no
3.	RZT (quarter II)	Relational Marital Therapy (clinical tutorials) II	Christian Gostečnik, Saša Poljak Lukek, Tanja Repič Slavič				60		90	150	5	Summer	no

4.	TODSČZDM	Therapeutic Treatment of a Family with a Member with a Mental Disorder	Tomaž Erzar	40	20	15			105	180	6	Winter	no
		Total		70	35	15	120	0	360	600	20		

In the Second Year, participants of the programme with Obligatory subjects collect 20 credit points.

Elective Subjects for the First and Second Year

				Contact hours									
	Code	Subject Title	Lecturer	Lectures	Seminars	Tutorials	Clinical Tutorials	Other Forms of Study	Individual Work	Total Hours	ECTS	Semester	Elective
1.	TON	Therapeutic Treatment of Violence	Christian Gostečnik	10	10	10			60	90	3		Yes
2.	EPIRVDNPZIDT	Ethical, Legal and Research Aspects of Work in the Field of Marital and Family Therapy	Robert Cvetek	10	10	10			60	90	3		Yes
3.	RCD	Family Developmental Cycles	Katarina Kompan Erzar	10	10	10			60	90	3		Yes
4.	TOBV	Therapeutic Treatment of Housing Issues	Robert Cvetek	10	10	10			60	90	3		Yes
5.	SPZVTP	Promoting Mental Health in Therapeutic Practice	Tomaž Erzar	10	10	10			60	90	3		Yes
6.	RPZZIDT	Developmental Psychology for Marital and Family therapists	Barbara Simonič	10	10	10			60	90	3		Yes
7.	RN	Developmental Neuropsychology	Katarina Kompan Erzar	10	10	10			60	90	3		Yes
8.	TDSS	Therapeutic Work with GROUPS	Katarina Kompan Erzar	10	10	10			60	90	3		Yes
9.	TOZ	Therapeutic Treatment of Addiction	Christian Gostečnik	10	10	10			60	90	3		Yes
10.	TONIL	Therapeutic Treatment of Infidelity and Divorce	Saša Poljak Lukek	10	10	10			60	90	3		Yes

11.	TOOIM	Therapeutic Treatment of Children and Adolescents	Tanja Repič Slavič	10	10	10			60	90	3		Yes
12.	TDZRODISS	Therapeutic Work with Different Forms of Family and Coexistence	Nataša Rijavec Klobučar	10	10	10			60	90	3		Yes
13.	TOSZ	Therapeutic Treatment of Sexual Abuse	Tanja Repič Slavič	10	10	10			60	90	3		Yes
14.	TODSKBIPP	Therapeutic Treatment of Families with Chronic Diseases and Special Needs	Christian Gostečnik	10	10	10			60	90	3		Yes
15.	TOPN	Therapeutic Treatment of Attachment Problems	Tomaž Erzar	10	10	10			60	90	3		Yes
16.	PDIT	Psychopathological Diagnostics and Terminology	Tomaž Erzar	10	10	10			60	90	3		Yes
17.	TOS	Therapeutic Treatment of Sexuality	Mateja Cvetek	10	10	10			60	90	3		Yes
Total				170	170	170	0	0	1020	1530	51		

In First Year, participants choose 4 elective subjects and collect 12 credits. In Second Year, participants choose 3 elective subjects and collect 9 credits.