

2021-2022 STUDY PROGRAMME INFORMATION – SUPERVISION IN MARITAL AND FAMILY THERAPY AND COUNSELLING

Basic data

Programme name	Supervision in Marital and family Therapy and Counselling
Programme characteristics	
Type	Advanced
KLASIUS/SRV	Seventh level: Activities/achievements, supplementary education (37000)
ISCED	<ul style="list-style-type: none"> Humanities (22)
KLASIUS-P	<ul style="list-style-type: none"> Political science, Individual-Society-State Relations (unspecified) (3130)
CLASSIUS-P-16	<ul style="list-style-type: none"> Political Science, Individual-Society-State Relations (0312)
Frascati	<ul style="list-style-type: none"> Humanities (6)
SQF (SOK) Level	SQF (SOK) Level 8
EQF (EOK) Level	EQF (EOK) Level 7
EQ-EHEA (EOVK) Level	Second cycle
Fields/modules/orientations	<ul style="list-style-type: none"> No subdivision (study programme) Counselling (direction) Marital and Family Therapy (major)
Members of the University of Ljubljana	<ul style="list-style-type: none"> Faculty of Theology, Poljanska 4, 1000 Ljubljana, Slovenia - lecturer
Duration (years)	1
Number of ECTS per year	24
Mode of study	Other

Basic goals of the programme

The basic goal of the programme is to form marital and family therapists and counselors able to perform individual or group supervision. After completing the programme, participants will be able to plan, lead and carry out a quality supervision process, reflect on it and evaluate it. They will learn different methods and techniques of the supervision process, they will be shown different models of supervision in psychotherapy and education, they will develop evaluation techniques, learn appropriate communication strategies and connections with the supervisor, learn the dynamics of individual and group supervision, face ethical issues in the supervision process and lead the supervision process with parallel self-reflection and learn about other topics that are important in supervision. They will master various techniques of guiding and helping the supervised, both on a communicative and emotional level. They will get acquainted with the specifics of supervision practice for different target groups.

The programme aims at developing skills to promote appropriate professional strategies based on the ethical and professional background of the work of a marital and family therapist and counselor. The programme also aims to encourage participants to develop their own personal development and lifelong learning.

General competences

Participants will be trained to independently and qualitatively perform supervisory work, which includes appropriate planning and management of supervision, creating a responsible relationship between a supervisor and the supervised, understanding the specifics of problems from the therapeutic and supervisory process and providing appropriate empathic monitoring and counselling, pedagogical sensitivity for both individual and group, keeping appropriate documentation.

General competences are: professional implementation of supervision, professional strategy, professional relations, documentation management, quality assurance in accordance with the Code of ethics, research and continuous professional development.

Course-specific competences

Participants will develop the following course-specific competences:

- understanding of historical and theoretical foundations of different supervision models, the ability to recognize models and integrate specific model techniques into the supervision process according to the specifics of professional work,
- the ability to perform supervision,
- the ability to form a quality relationship process,
- the ability to integrate supervisory techniques and strategies,
- the ability to manage and plan supervision,
- the ability to recognize changes in the process of supervision, the ability to identify and solve problems,
- the ability to use specific techniques and strategies according to the specifics of the target group
- more detailed training for supervision according to the model of relational family therapy and gestalt principles of counselling
- gaining personal experience in supervision

Admission requirements

Enrolment to the Supervision in Marital and Family Therapy and Counselling programme is open to

- graduates with a completed second cycle study programme (or with an equivalent education under the Higher Education Act) in relevant professional fields (humanities, pedagogical, social, service, health and social sciences), who have also completed the Marital and family Therapy or the Gestalt Pedagogy training programmes.
- graduates with a completed second cycle study programme (or with an equivalent education according to the Higher Education Act) of relevant professional fields (humanities, pedagogy, social, service, health and social sciences) with at least three years of work experience in the field of professional psychotherapeutic or counselling work.

In accordance with the UL Statute, the admission requirements in the above study programme are also met by those who have completed equivalent education abroad. The recognition procedure is conducted by an authorized person of the University of Ljubljana, and the content of the recognition of education obtained abroad is decided by the Senate of the member or university.

Selection criteria when enrolment is restricted

In the case of a large number of applicants, applicants are selected from among those who meet the admission requirements on the basis of the selection conditions. The following criteria shall be taken into account:

- average grade of the completed second cycle study programme or equivalent programme according to the Higher Education Act (10%)
- grade of the diploma/master's thesis or of the diploma/master's examination of a completed second cycle study programme or equivalent programme under the Higher Education Act (10%)
- grade in the elective examination (80%)

The elective exam consists of an assessment of:

- bibliography, awards, references (20%)
- previous professional work (30%)
- interview with the Commission (50%).

Criteria for the recognition of knowledge and skills acquired prior to enrolment in the programme

Specific knowledge and skills acquired by participants before enrolling in the programme may be used as part of study obligations if they are acquired in a publicly valid study programme, but up to a maximum of 3 credits. These skills cannot be applied in tutorials in individual courses. The knowledge content must correspond to the learning content of the courses of the Supervision for Marital and Family Therapy and Counselling programme.

Recognition of knowledge and skills acquired before enrolment is decided by the TEOF UL Senate, based on

the written application of participants, attached certificates and other documents proving the successfully acquired knowledge and the content of this knowledge, so that knowledge can be evaluated according to ETCS.

The following criteria will be taken into account when recognizing knowledge acquired before enrolment:

- adequacy of the conditions for admission and required prior education for inclusion in education,
- adequacy of non-formally acquired qualifications/education
- comparability of education the adequacy of the content of education in relation to the content of the course in which the obligation is recognized.

In case the Commission finds that the acquired knowledge can be recognized, it is evaluated with the same number of points according to ECTS as the number of credit points for the course.

Recognized knowledge, skills or abilities can be considered as completed study obligations within all parts of the study programme. However, both the content and the scope of the work involved must be clearly evident from them, so that knowledge can be evaluated with credit points. On the basis of individual documented applications, the Senate of the TEOF UL decides on the recognition and evaluation of the acquired knowledge, qualifications and abilities. In doing so, it follows the Rules on the Procedure and Criteria for the Recognition of Informally Acquired Knowledge and Skills, other provisions of the Statute of the University of Ljubljana and the Rules of the Faculty of Theology of the University of Ljubljana.

Modes of assessment

Modes of assessment are consistent with [the UL Statute](#) and listed in the curricula.

Programme progression requirements

(no information)

Requirements for the completion of studies

The programme lasts one year and ends with the last exam. Anyone who completes all the obligations under the above study programme will receive a certificate of successful completion of the above training programme Supervision for Marital and family Therapy and Counselling.

SUPERVISION IN MARITAL AND FAMILY THERAPY AND COUNSELLING - STUDY PROGRAMME SYLLABUS WITH PLANNED COURSE COORDINATORS

No subdivision (study programme)

First Year

	Code	Subject Title	Lecturer	Contact hours					Individual Work	Total Hours	ECTS	Semester	Elective
				Lectures	Seminars	Tutorials	Clinical Tutorials	Other Forms of Study					
1.	PIEVSD	Professional and Ethical Aspects of Supervisory Work	Barbara Simonič, Nataša Rijavec Klobučar, Robert Cvetek	20	5	5			60	90	3	Summer	no
2.	TMIOS	Theory, Models and Forms of Supervision	Nataša Rijavec Klobučar, Stanko Gerjolj, Tanja Repič Slavič	15	30	15			90	150	5	Summer	no
3.	IZB	Elective Subjects		40	10	10			120	180	6		Yes
4.	IZB	Course subjects		40	50	30			180	300	10		Yes
		Total		115	95	60	0	0	450	720	24		

First Year, Elective Subjects

	Code	Subject Title	Lecturer	Contact hours					Individual Work	Total Hours	ECTS	Semester	Elective
				Lectures	Seminars	Tutorials	Clinical Tutorials	Other Forms of Study					
1.	SZRSU	Supervision with Different User Groups	Christian Gostečnik, Janez Vodičar, Nataša Rijavec Klobučar, Tanja Repič Slavič	20	5	5			60	90	3	Winter	Yes
2.	SPIORVS	Promoting Professional and Personal Development in Supervision	Christian Gostečnik, Nataša Rijavec Klobučar, Robert Cvetek	20	5	5			60	90	3	Winter	Yes

3.	SNPED	Supervision in the Field of Educational Work	Janez Vodičar	20	5	5			60	90	3	Winter	Yes
4.	SZDSS	Supervision for Working with Parents	Stanko Gerjolj	20	5	5			60	90	3	Winter	Yes
Total				80	20	20	0	0	240	360	12		

Counselling (direction)

First Year

				Contact hours									
	Code	Subject Title	Lecturer	Lectures	Seminars	Tutorials	Clinical Tutorials	Other Forms of Study	Individual Work	Total Hours	ECTS	Semester	Elective
1.	SPGP	Supervision According to Gestalt Principles	Stanko Gerjolj	25	20	15			90	150	5	Summer	no
2.	SNKPP	Supervision in the Catechetical-Pastoral Field	Andrej Šegula	15	30	15			90	150	5	Winter	no
Total				40	50	30	0	0	180	300	10		

Marital and Family Therapy (major)

First Year, Obligatory Subjects

				Contact hours									
	Code	Subject Title	Lecturer	Lectures	Seminars	Tutorials	Clinical Tutorials	Other Forms of Study	Individual Work	Total Hours	ECTS	Semester	Elective
1.	SOIRDP	Supervisory Relationship and Relational Family Perspective	Christian Gostečnik, Nataša Rijavec Klobučar, Robert Cvetek	15	30	15			90	150	5	Winter	no
2.	SPVZIDT	Supervision Process in Marital and Family Therapy	Christian Gostečnik, Nataša Rijavec Klobučar	25	15	20			90	150	5	Summer	no
Total				40	45	35	0	0	180	300	10		