

Place of implementation: Ljubljana or Maribor

Credit points: 120 ECTS

Duration: 2 years

Cycle: master

Professional title: Master of Marital and Family Studies



**STUDY AT FACULTY OF THEOLOGY**  
and start looking for answers to life's existential,  
ethical, societal and interpersonal issues.



University of Ljubljana,  
Faculty of Theology  
Poljanska cesta 4  
1000 Ljubljana, Slovenia

University of Ljubljana,  
Faculty of Theology,  
Maribor Unit  
Slomškov trg 20  
2000 Maribor, Slovenia

#### INTERNATIONAL OFFICE

Urška Jeglič, Ph.D.  
Veronika Poljanšek  
01 434 58 16  
erasmus@teof.uni-lj.si

 [www.teof.uni-lj.si](http://www.teof.uni-lj.si)

 [www.facebook.com/teoloska.fakulteta](https://www.facebook.com/teoloska.fakulteta)

 [www.instagram.com/teoloska.fakulteta](https://www.instagram.com/teoloska.fakulteta)



Second cycle study programme

# Marital and family studies

University of Ljubljana, Faculty of Theology

## Second cycle study programme

### Marital and family studies

The programme prepares graduates for professional careers related to work with families, couples, young people, pre-school and school children and the elderly in the home, church, and community environments.

The interdisciplinary nature of the programme prepares students to work in the field of Psychotherapy (field of family studies, psychology) and family and marital counselling (field of medicine and social work). Students can choose between two majors: Marriage and family therapy and Counselling and preventive work with couples and families.

Students get familiarized with themes such as: conflict within marriage, infidelity and divorce, traumatic experiences, all kinds of abuse and addictions, problems before marriage, the development and psychopathology of individuals and families, functional parenting, research work and philosophical and theological aspects of marriage and family.

Students become competent in communication skills, solving conflicts, compromise and understanding of the dynamics within family. They are thus able to help families with developing the necessary skills to tackle the challenges of family life and its environment.

#### What do the students say about the programme?

*We have compulsory classes four times a week including practical lessons based on role-play (using different therapeutic models, playing families and marriage couples) and seminars. The programme is incredibly valuable for life, and it forces you to work on yourself.*

Sanja

*Marital and family studies open the world to a whole new dimension. When entering the emotional aspect of life, you perceive yourself and others in a completely different, more authentic light. It becomes clear that it is not the demographic or socio-economic status which makes up a human being – but his relationships. The studies require you to go deep, where we are most afraid to go. Recognizing and connecting the environment/system with the relationships between and within human beings helps us understand ourselves, others and all which makes us who we are. The studies are difficult in terms of discovering your inner world, but they are the right choice for anyone who sees potential in others and is willing to open up to their inner world of feeling in order to help them find their inner strength.*

Metka

#### Highlighted courses:

- **Family and Marital System** 1st semester, 7 ECTS,
- **Ethical, Religious and Psychoanalytic Foundations of Interpersonal Relationships** 1st semester, 8 ECTS,
- **Mental, Social and Spiritual Development of the Individual and Developmental Interventions I** 1st semester, 5 ECTS,
- **Mental Development of Partnership and Family** 1st semester 4 ECTS,
- **Research Methods in Social Sciences and Humanities** 1st semester, 5 ECTS,
- **Specific Problems in the Family** 2nd semester, 5 ECTS,
- **Mental, Social and Spiritual Development of the Individual and Development Interventions II** 2nd semester, 5 ECTS,
- **Helping Marriage and Family** 3rd semester, 7 ECTS,
- **Family and Marital Diagnostics and Assessment** 3rd semester, 5 ECTS,
- **Therapeutic Models of Individual and Family Treatment** 3rd semester, 7 ECTS,
- **Mental Problems, Disorders and Illnesses of the Individual and the Family** 3rd semester, 10 ECTS,
- **Research on Interventions and Phenomena in the Field of Marriage and Family** 4th semester, 5 ECTS.

# MARITAL AND FAMILY STUDIES